

May 2008

# Atlanta Life

Magazine

Road Trip  
Adventures

Mother's Day  
Gift Guide



Hidden  
Culinary  
Treasures

## The Missing Link

Eating well, working out and getting eight hours of shut-eye, but still feeling stressed? Consider purchasing the Q-Link, a pendant that acts as a personal energy system. Using what's known as Sympathetic Resonance Technology, the seckface works like a tuning fork to help rebalance the body's natural energy field, or biofield, in turn strengthening the body's immunities. When wearing the Q-Link, lift stresses, including electromagnetic radiation from things like computers and cell phones, interfere less with optimal body function. Celebrities like Sarah Jessica Parker, Madonna and Anthony Hopkins have even been spotted with the sleek piece of jewelry. \$29.95-\$299.95, [www.q-linkproducts.com](http://www.q-linkproducts.com)



## Feeding Time



Want to serve your little one the healthiest food you can, but can't find time to prepare it? Luckily, there's Jack's Harvest, a mom-owned and operated frozen organic baby food company. Gently prepared in small batches, Jack's Harvest baby food is paired to either a smooth or a slightly lumpy consistency, then quickly frozen to capture not only the fresh flavors of nature, but also its rich colors, textures and essential nutrients. Local delivery to the metro Atlanta area and nationwide shipping is available. [www.jacks-harvest.com](http://www.jacks-harvest.com)



## Outdoor Couch Potato

If you're loving life in front of the TV, but your wife(mother) sister(bossmate) keeps nagging you to get outside and enjoy the summer, you're in luck. SunBriteTV has introduced a 48-inch all-weather outdoor high-definition television. That means you can sit outside watching your favorite show, and not worry about dragging the TV back in when the weather turns foul.

[www.sunbrite.com](http://www.sunbrite.com)



## Rock Out

Wanna be a rock star? If your children do, sign them up for the Paul Green School of Rock in Buckhead. A year-round after-school program for ages 8-18, the Paul Green School of Rock is a performance-based rock music school that provides 45-minute private lessons on the instrument of the students' choice, along with a three-hour supervised group rehearsal, to prepare them for a live rock show at a local venue. [www.schoolofrock.com/atlanta](http://www.schoolofrock.com/atlanta)