

SEXUAL HEALTH: PLEASURE RITUALS ■ HOLLYWOOD GOES VEGGIE ■ WEIGHT LOSS FOR PETS

JUNE 2002

# Alternative Medicine

[www.alternativemedicine.com](http://www.alternativemedicine.com)

The Voice of Health

spa

treatments  
FROM HEAD TO TOE

HOW TO survive  
a hospital stay

fitness  
FOCUS ON  
THE CORE

electromagnetic  
fields  
ARE THEY  
DANGEROUS?

NATURAL  
deodorants



Think **TWICE** before you leave the  
U.S.A. for treatment of

## CANCER

*or other immune, degenerative  
and chronic debilitating diseases  
such as MS, ALS, Alzheimer's,  
AIDS, CFT, FM, GWS, pain,  
obesity, diabetes, ETC*

You can get the best conventional  
and alternative complementary  
therapies from around the world

**Right in the USA at  
Integrated Medical Specialists  
(IMS, ICS)**

We offer comprehensive evaluation and  
effective treatment protocols specific  
for each patient, integrating proven  
therapies from all parts of the world

### EVALUATION TOOLS:

Nutritional analysis, Blood microscopy,  
Biological terrain, Electrodermal  
analysis, Immune System function as  
well as Traditional Medical diagnostics

### TREATMENT MODALITIES:

Nutrition, Herbs, Immunotherapy,  
Cancer Vaccines / Cytokines  
dendritic cell

#### HYPERTHERMIA

IPT-INSULIN POTENTIATION  
with low-dose chemotherapy

IPT with high-dose methotrexate  
rescue therapy

Detox., Chelation, Hanzl,  
Accupuncture, Rife technology,  
Homeopathics, Surgical Debulking, etc.

Care provided by boardcertified  
physicians, university researchers,  
immunologists, and compassionate  
clinic personnel.

**770- 474- 4029**

**Fax 770-474-2038**

**Cell: 404-316-1930**

**Atlanta, Georgia**

Ask for Dr.T.R. Shantha,  
M.D, Ph.D, FACA

**www.IPTMD.com**

**Patient references available!**

READER SERVICE #66

## ■ PRESCRIBE FOR YOURSELF

nology "activates an omnidirectional protective field extending approximately two feet around the body."

In 1997, T. M. Srinivasan, Ph.D., reviewed controlled, independent tests of the QLink's technology conducted by scientists at the University of California at Irvine. Among the findings Srinivasan reported were a 30% or greater reduction in stress responses in cellular organisms exposed to the QLink field; nullification of EMF radiation generated by computers; reduction of anxiety among students wearing the QLink; and improved balance in the sympathetic and parasympathetic frequency bands of the heart-rate variability test, which indicates improved cardiac function.

Qlinks cost \$130 (acrylic pendant) to \$300 (polished or brushed silver).

### Our test

We also used the heart-rate variability test in our informal trials. HRV is the measurement, in milliseconds, of the beat-to-beat changes in a subject's heart rate, and it gives a dynamic glimpse of the state of the autonomic nervous system. This system controls the beating of the heart, the movement of the gastrointestinal tract and the secretion of hormones by the endocrine glands, among other vital functions. Variation of the intervals between heartbeats is due to the interaction of the two arms of the autonomous nervous system: the sympathetic and parasympathetic nervous systems. The parasympathetic system slows the heart, while the sympathetic system accelerates it. Thus, an HRV test is a good measurement of a body's overall response to stimuli. HRV is well-established, and it has been used for many years by cardiologists, gastroenterologists, endocrinologists and even psychologists.

For our tests we enlisted the services

of I. Michael Borkin, N.D., of Santa Monica, Calif. Borkin is a naturopath, and he frequently uses HRV to assess the condition of his patients.

We hooked up our subject to the HRV monitor and took a baseline reading of her HRV. She was in a healthy state, with her sympathetic and parasympathetic systems stable and within normal parameters.

Next we had the subject answer her cell phone, a Nokia 8160. Her sympathetic nervous system went into "fight or flight" mode, producing the stimulating hormones cortisol and adrenaline and accelerating her heart rate.

After an interval, we had the subject answer her cell phone again, this time while wearing the BioElectric Shield. The HRV monitor showed that her autonomous nervous system remained stable, with no change in her heart rhythms.

After a rest period we had our sub-



### Resources:

#### BioElectric Company

63 Windsong Way  
Lavina, MT 59046  
800-217-8573  
www.bioelectricshield.com

#### ELF Labs

Rt. 1, Box 21  
St. Francisville, IL 62460  
618-948-2394  
www.elflab.com, www.teslar.com

#### Clarus Products International

1330 Lincoln Ave., Suite 210  
San Rafael, CA 94901  
877-0343-4345  
www.clarus.com

#### Tools for Wellness

(carries all three lines of EMF protection devices)  
9755 Independence Ave.  
Chatsworth, CA 91311  
800-456-9887  
www.toolsforwellness.com