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# Wristy business

Can a mysterious bracelet lower your scores?

By Woody Hochstetler

Copper, titanium and other metal bracelets have long been promoted for arthritis relief, but now the idea has been taken a step further, with baubles designed to relieve stress and even help you play better. Callaway Golf has gotten into the act with a bracelet line called IONETIX, which includes a stainless-steel version embedded with magnets. The product is designed to create "an overall feeling of well-being."

The theory is that modern life, with all its electrical gadgets, loads our bodies with an excess of positive ions, which are balanced by the negative ions emitted by the jewelry. Some scientists have suggested that the bracelets offer little more than a placebo effect, but hey, your mind screws up enough of your rounds—maybe it's time it chipped in something useful.



**Bracelet Power:** Ernie knows it's all in the wrist.



**Q-Link** SRT-3 two-sided pendant features a coiled wire inside a triangle, \$99.95.



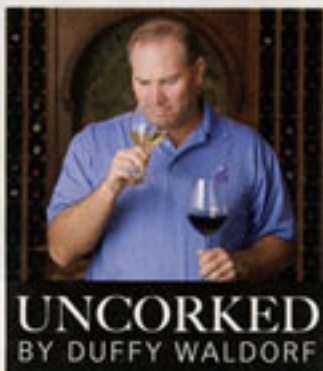
**Q-Link's** metal SRT-3 bracelets, left to right: black titanium bracelet, \$199.95; stainless steel, \$129.95; polished titanium, \$199.95.



**Callaway** Golf link-style IONETIX bracelet, in stainless steel with magnets, \$79.99.



**Trion-Z** dual-loop magnetic ion bracelet with "patented Alternating North-South polarity," \$19.99.



**UNCORKED**  
BY DUFFY WALDORF

**Bottled wisdom from the Tour's resident wine connoisseur**

**2007 Cusumano Nero d'Avola Sicilia**

**Price:** \$14  
**Origin:** Sicily  
**Tastes like:** Cherry fruit, with clean acidity on the finish. A touch of earth provides a good balance.  
**Drink this with:** Any red sauce-based dish.



**Duffy says:** For me, the many styles of Italian cuisine are one of the country's most alluring features, and I think Italian wine is the most food-friendly wine in the world. The food from a region tends to go with the wine from that area because Italian cooks enjoy marrying the flavors of their region's wine with their food. Try to think of the variety of dishes and sauces from Italy and see if you can make some fun food and wine matches. This wine is certainly a great starting point.

#### TIP JAR:

This wine comes with a glass cork, which I haven't seen before. I find the dependability and ease of use of screw caps and glass outweigh any worries about tradition, especially in wines meant to be consumed young, so don't be afraid if that familiar cork pop is replaced by a screw-cap crunch!